

**Asheville Inline Hockey League
USA Hockey
Required Equipment List
(players under the age of 18)**

**Hockey helmet (HECC certified)
(full-face protection required)**

****MYLEC helmets ARE NOT HECC certified****

Elbow Pads *

Gloves *

Shin guards *

Hockey pants or girdle *

Inline skates

Hockey Stick

Internal mouth guard

- **All items marked with * are to be “hockey specific” items**
 - **No bicycle helmets, skateboard pads, etc.**

Recommended Equipment

Protective Cup (male) or Pelvic Protector (female)

Shoulder pads with chest protector

Throat protector