

PLAY HOCKEY

AHL YOUTH & ADULT INLINE FALL HOCKEY PROGRAM 2009

Hockey has been described as “**The fastest sport in the world**” . It is an *adrenaline pumping activity* that is not only *fast paced*, but requires the *brain to engage* as well. Have you found your sport yet? A game that consists of speed, continuous movement, short quick bursts of energy, team work **Hockey is a completely different sport!**

If you don't know how to play, we will teach you.

Our Youth Recreation Program has been *refocused* to teach the necessary skills and produce a fun and gratifying experience.

Registrations are at Carrier Park

Saturday August 22nd & 29th from 10 PM until 2 PM;

And August 20th, 25th, and 27th, 6 PM until 8 PM.

The cost is \$60*Youth & \$65*Adult for the fall session.

“Goalies pay only USA Hockey Inline Fees to play”.

*Equipment packages available for ages 6 - 10 (Cost of \$75
with an equipment return fee of \$50 at seasons end
if player does not want to continue playing).*

Used equipment swap on Saturday registration dates.

**TEAM WORK & SPEED
CARDIOVASCULAR FITNESS**

**Hockey players are considered amongst the most all
around and physically fit athletes in the world!**

**Inline Hockey Rules call for
“no checking” with incidental contact
And all players must wear
required and approved equipment**

*Fees are made up of a fee of \$30/Youth or \$35/Adult to the **AHL**
and **online** registration of \$30 at **USA Hockey Inline**.
Players who live outside the city limits pay an
AHL fee of \$35/Youth & \$45/Adult.

